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| **Plant Guide - Herbs** |
| Herbs | Time to plant | Culinary Uses | Companion | Avoid | Notes |
| Basil | After frost | pasta, pizza, salads, meat, fish, soups, beverages | tomatoes, peppers, petunias, oregano, lettuce, asparagus, beans, potatoes, carrot, tarragon, cilantro, parsley | sage | Pinch off flower heads. Improves flavor and growth of tomatoes and lettuce. Repels mosquitoes and flies |
| Catnip | After frost | salads, soups, sauces | pumpkins, beets, squash, hyssop |   | Deters harmful pests, attracts bees |
| Chamomile | 8-10 weeks before spring | salads, soups, beverages | cabbage, broccoli, onion, kale, Brussel sprouts, cucumber |   | Aromatic herbs repel insects yet attract beneficial insects. Improves the flavor of companions |
| Chives | After frost | vegetables, dressings, casseroles, rice, eggs, cheese dishes, sauces, gravies, dips | carrot, cauliflower, apple, berries, peas, grapes, roses, tomatoes, lettuce, most herbs |   | Improves flower and growth of companions. Deters aphids and Japanese beetles |
| Cilantro (Coriander) | After frost | salsas, tomato dishes, sour cream, rice, salad dressings, stir fry, oils | broccoli, carrots, potatoes, radish, spinach, dill, tarragon, basil, parsley, caraway, anise | fennel | Sow after 3 weeks. Deters spider mites and aphids |
| Dill | After frost | pickles, vegetables, potato dishes, cheese, soups, salads, sauces, seafood | cabbage, broccoli, squash, asparagus, kale, spinach, pumpkin, squash, fennel, onions, corn, lettuce, cucumbers | carrots, tomatoes, lavender, caraway | improves flower and growth of cabbage family. Deters spider mites and aphids |
| Fennel | 2 to 5 weeks before the last frost | pastries, confectionary, sweet pickles, sauces, tomato dishes, soups, vinegars, oils | dill | most veggies and herbs | Repels fleas and aphids. Attracts beneficial pollinators and butterflies |
| Lavender | Perennial | desserts, Herbs de Provence, baking, beverages, lamb, meats | broccoli, cauliflower, rosemary, oregano, marjoram, thyme, sage |   | Repels harmful pests. Attracts butterflies |
| Marjoram | After frost | meat, fish, dairy, vegetable dishes  | all vegetables |   | Stimulates vegetable growth |
| Mint | After frost | roast lamb, fish, salads, jellies, teas | cabbage, tomatoes, squash, broccoli, peas, pumpkin | other mint varieties | Deters white cabbage moth, aphids, mosquitoes and ants. Attracts bees |
| Oregano | After frost | tomato dishes, summer squash and potatoes, mushroom dishes, beans, lamb or game | basil, sage, rosemary, thyme, oregano, melons, hot peppers, pumpkin, squash, lavender |   | Plant near all garden crops. Deters many insects and pests |
| Parsley | Early spring and late summer (2 crops) | soups, sauces, salads, meat, fish, as a garnish | beans, corn, peas, peppers, tomatoes, asparagus, roses, tarragon, cilantro, basil | carrot, lettuce, mint | Encourages growth of companions. Makes roses smell sweeter. Swallowtail butterflies lay eggs on parsley. Attracts beneficial insects. |
| Rosemary | After frost | oils, lamb, pork, chicken, stuffing, focaccia, tomato sauce, pizza | cabbage, broccoli, beans, kale, hot peppers, sage, thyme, marjoram, oregano, lavender | potatoes, tomatoes, carrots, pumpkin | Repels bean beetles, cabbage moths and carrot flies.  |
| Sage | After frost | cheese dishes, stuffing, soups, pickles, beans, peas, salads | broccoli, cabbage, carrots, kale, rosemary, tomatoes, thyme, rosemary, marjoram, oregano, lavender | cucumber | Deters cabbage moths, carrot flies. Invigorates tomato plants |
| Savory | After frost | soups, stews, stuffing, fish, chicken, green beans, eggs | beans, onions |   | Improves growth and flavor |
| Tarragon | Perennial | meat, eggs, poultry, seafood, salad dressings, marinades, sauces | eggplant, cilantro, basil, parsley |   | Repels insects. Enhances the flavor of companions. Pinch back as needed. |
| Thyme | 6-8 weeks before spring | casseroles, stews, soups, eggs, potatoes, fish, green veggies | broccoli, cabbage, strawberries, cauliflower, tomatoes, sage, rosemary, marjoram, oregano, lavender |   | Plant near all garden crops. Deters cabbage moths |